



PANTHER PRIDE

ROCHELLE ANGLEY, SUPERINTENDENT/PRINCIPAL

SCHOOL → HOME COMMUNICATIONS

U-Prep offers a multitude of ways for you to stay current with schedules and other important school information! It is always beneficial to confirm your contact information is up to date in Aeries.

The App! Visit the App Store, Google Play or whatever platform you choose to download the U-Prep Panthers app. Daily news about school events and athletic activities, as well as real-time news alerts are delivered directly to your smartphone.



Aeries App! Find the link to the Aeries App on the U-Prep Panthers App and www.uprep.net.



The Website! Visit www.uprep.net to catch up on past, present and future happenings on campus.



The Marquee! A rolling showcase of current events and celebrations.



Panther Pride-Monthly Newsletter! A month's worth of events all in one convenient location.



Paw Prints-Daily Bulletin! The daily bulletin is read aloud to all students every day during 4th period. Bulletins are also posted around campus each day and sent home via the app. You can also find them on www.uprep.net.



ParentSquare! We utilize ParentSquare for email, text and all-call purposes.



Individual Teacher Websites! Connect with your student's teacher through their website.



Upcoming Events!

SEPT. 7	LEMONADE ON THE LAWN	SEPT. 21-22	ACADEMIC CONFERENCES
SEPT. 8	JV FOOTBALL VS RED BLUFF	SEPT. 22-23	U-PREP ANNUAL JUNIOR HIGH SOCCER TOURNEY
SEPT. 9	HS FOOTBALL VS RED BLUFF (VARSITY)	SEPT. 23	FOOTBALL AWAY VS LAS PLUMAS
	HS COLOR DANCE	SEPT. 24	ACADEMIC SATURDAY SCHOOL
SEPT. 12	EARLY RELEASE DAY/2:21 PM	SEPT. 26	EARLY RELEASE DAY/2:21 PM
SEPT. 16	FAMILY MOVIE NIGHT	SEPT. 28-30	FRESHMAN TRIP
	FOOTBALL AWAY VS MCKINLEYVILLE	SEPT. 30	FOOTBALL BYE WEEK
SEPT. 19	EARLY RELEASE DAY/2:21 PM		
SEPT. 20	CLUB RUSH	OCT. 4	PICTURE RETAKE DAY



ALUMNI PRIDE!

U-Prep is filled with pride while recognizing our alumni! Class of 2017 alumna, Jordan Litsey is now a valued member of the Redding Police Department. Jordan is a graduate of the Alameda Police Academy. She previously earned her Associate's Degree in Administration of Justice and her Bachelor's Degree in Psychology. Jordan chose the Redding Police Department for her law enforcement career in order to protect and serve the community where she grew up! Congratulations, Officer Litsey!

Panthera Yearbook Wins Big in San Diego

The Panthera Yearbook leadership team travelled to San Diego for the annual 4 day Jostens Yearbooks Summer Workshop hosted at the University of San Diego. This summer marked the return of the workshop since summer 2019. At the workshop staffs are tasked with developing a theme, design aesthetic, journalistic focus, and to apply this planning to mock pages intended to be used in the 2022-2023 book. Of all the schools in the same creative track as U-Prep, the Panthera design took FIRST PLACE.



Mission & Vision

University Preparatory School is an educational community invested in developing confident, capable, and compassionate citizens; its mission to immerse all students "in rigorous academics and meaningful extra-curricular activities" is supported by a collaborative and close-knit community of staff, students and parents and is based upon educational research and professional experience. The faculty and staff work together to provide students with many opportunities to excel academically and develop their potential as educated leaders and citizens in the 21st century through a rich and varied extra-curricular program. This vision is supported by offering a seven- period day to students from grades 6 through 12 so that they may pursue academic interests, such as studying multiple world languages or continue their development in the arts, including dance, drama, art, and music. The objective of this mission is to enable all students to become self-motivated, competent, and lifelong learners.



Congratulations to the students and staff of U-Prep!
<https://www.usnews.com/education/best-high-schools/articles/us-news-ranks-best-high-schools>

<https://www.usnews.com/education/best-high-schools/california/districts/university-preparatory-district/university-preparatory-272635>

National Rankings #302 #471(2021)

California High Schools #37 #63 (2021)

Redding, CA Metro Area High Schools #1 #1 (2021)

Charter High Schools #74 #102 (2021)

VISUAL AND PERFORMING ARTS

VAPA

**BRAD FOWERS - DEPARTMENT CHAIR
BAND & CHOIR**

ELIZABETH JOHNSON - PERCUSSION & STRINGS

MARISSA KINNEAVY - DANCE

LURA WILHELM - VISUAL ARTS

ROMNEY CLEMENTS - MUSICAL DIRECTOR



Rotten to the Core?

Get ready to be enchanted by U Prep's Fall musical, *Disney's Descendants*. It is present-day, and in the kingdom of Auradon, all of Disney's beloved heroes and royalty are living happily ever after, safe from the terrifying villains and troublesome sidekicks they have banished to the magic-free Isle of the Lost. That is until Ben, the benevolent teenage son of Belle and King Adam (The Beast), offers a chance of redemption for the troublemaking offspring of the evilest villains. Mal, Evie, Jay and Carlos – the children of Maleficent, the Evil Queen, Cruella De Vil, and Jafar – are welcomed to Auradon Prep to attend school with the children of their parents' sworn enemies. Now entering a completely foreign world and way of life, the four Villain Kids have a difficult choice to make: should they follow in their parents' wicked footsteps or learn to be good?

Show dates are November 11th & 18th at 7:00 pm and November 12th & 19th at 2:00 pm and 7:00 pm. Stay tuned for ticket details!



DANCE TEAM NEWS

The U-Prep Dance Team spent four days at St. Mary's College in Moraga attending the USA Dance Team Camp. It was not only a wonderful bonding experience for our team, we also brought home a dozen dances to perform at rallies and halftimes! The girls danced up to 14 hours a day at camp, earning many recognitions from the camp staff including 6 Super-Sensational Dancer Awards, 4 Pin-It-Forward Awards, 1 All American Dancer Award ~ Congrats Tara B, a Superior Award for the group routine, and the Excellent TeamWork Award. Very proud of our team and excited for the upcoming season!

Dance Department News

Ms. Kinneavy and Ms. Stuckey are excited about another wonderful year in the U-Prep Dance Department. This year, there are 8 dance classes consisting of over 100 dancers from grades 6th - 12th, with 23 dancers being brand new to the department! Looking forward to another amazing year filled with ballet, jazz, contemporary, and more!



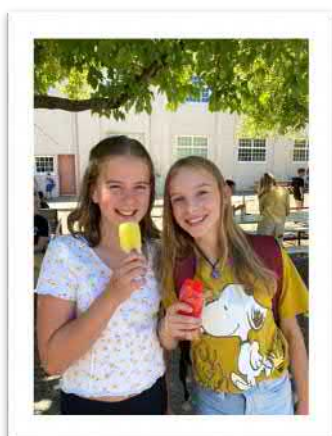
Jaspal Gaddy - Junior High Advisor
Robyn Johnson - High School Advisor



The first few weeks of school have been filled with fun! Students kicked off the year at lunch on the first Friday with popsicles, music and games. Also, on day three, we hosted our welcome back dance. It was well attended and students got a glimpse of the loads of fun that this year has in store. The Rage Cage (student cheering section) is in full swing this year, showing up strong at volleyball and football games. They even earned the honor of top cheering section in the Northstate on Instagram. Go Panthers!

This past week we had our first Panther Tailgate. A big thank you to Chick-fil-A for the delicious meals and to our Panther family for showing up.

Check out the Paw Prints (U-Prep's daily bulletin) for future fun events. Events and activities are also posted on the following platforms: Instagram, Tik-Tok, Snapchat and Facebook. We are looking forward to making the 22-23 school year the best yet!



POPSICLE SOCIAL





STEVEN SCHUSTER - ATHLETIC DIRECTOR
VICKI ADAY - ATHLETICS SECRETARY

PANTHERS ATHLETICS U-PREP SEASONS START WITH A SNAP!

JUNIOR HIGH SPORTS

Over 90 girls tried out for JH volleyball
60 girls are in program
First game is 9/12
U-Prep hosts junior high Tournament 9/16&17

JH Soccer saw 55 students tryout
36 students are in program
First game is 9/12
U-Prep hosts junior high Tournament 9/22&23

JH Cross Country
30 plus athletes participating
First meet is 9/13

HIGH SCHOOL SPORTS

Swim
First meet is today at West Valley High School
43 swimmers in program

Cross Country
26 runners
Frosh-Soph Boys won tournament in Vacaville!

Girls Golf
Started league at Lake Shastina
Posted lowest score of any team.
Defending NAL champions

Girls Tennis
Tryouts end Thursday 9/8



Varsity Football
2-0 with wins over Fortuna and Corning.
38 on varsity roster

Frosh-Soph Football
1-1 Win over Fortuna
42 on frosh-soph roster

Varsity Volleyball
14-3 overall
Chico Tournament champions!
Advanced to Gold bracket of Reno Tournament
Wins over Shasta, Foothill, Red Bluff and Enterprise
Ranked #15 in Northern California

Frosh-Soph
0-1 so far this season
6 Freshman, 3 Sophomores on the team
Freshman
1-4 record overall, 1-3 @ Pleasant Valley Tournament



College Quest 2022 College Fair

A Free Event at Simpson University

October 17, 2022 5:00-7:30pm

40+ Colleges &
Universities

Career Pathway
Information

Military Service
Information

Financial Aid
Workshop

Workshop
Session
5:30 pm

Career
Exploration
Information



SAVE THE DATE

DEADLINE: 02/03/2023

University Preparatory School

Dear 8th & 12th Grade Families,

Yearbook Recognition Ads are the perfect way to commemorate achievements and celebrate milestones. To purchase your ad online, follow the instructions listed below. Jostens is responsible for our school's yearbook ad sales. Please do not send materials to the school. All orders must be placed by 02/03/2023

ORDER YOUR YEARBOOK RECOGNITION AD TODAY!



ORDER BY 02/03/2023

COLOR AD

Full Page	\$350.00
1/2 Page	\$170.00
1/4 Page	\$90.00
1/8 Page	\$50.00

*Tax, service and delivery fee(s) will be added if applicable.

*Credit card installment plan available for orders of \$30 or more.

IT'S EASY! Create your ad online at
www.jostensadservice.com/student

1. Choose your ad size and layout.
2. Enter your text and upload your photos.

Important information about Yearbook Recognition Ads

- Our school reserves the right to edit ads per our guidelines.
- We retain the right to remove any explicit text, graphic photos or copyright-protected imagery or photos.
- For the ad to appear in the yearbook, your ad must be purchased by the order deadline.
- Color photographs uploaded for black-and-white ads will appear in black and white.
- We will make every effort to use your layout and text as indicated. A proof will not be provided and no changes can be made after purchase.

GUIDELINES SURROUNDING RECOGNITION AD CONTENT.

Please make sure all submitted materials are appropriate for school publication.

EASY PAYMENT PLAN AVAILABLE*

Frequently Asked Questions

How are the ad prices determined and what is the money used for?

Ad prices are determined by our school. The revenue from Recognition Ads helps support our yearbook and keep it affordable for everyone.

How is the ad deadline determined?

The ad deadline is set by our school based on the production schedule for the yearbook.

Can I create my student's ad on my mobile device?

Yes, yearbook ads can be created online from both desktop and mobile devices.

Can I send my materials to the school?

No, please do not send your materials to our school. Our school has selected Jostens to assist with our ad program. Please call our customer service number (800-358-0800) if you have questions or need assistance in creating your ad.

More questions? Call Jostens at (800) 358-0800.

www.jostensadservice.com/student



EAST COAST TRIP 2023

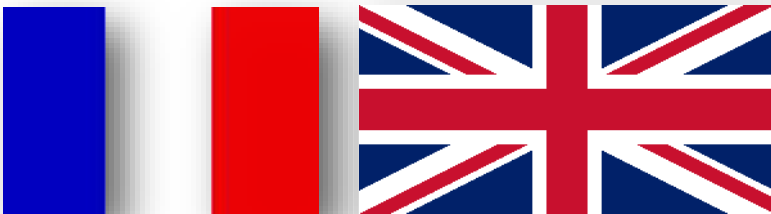
The 2023 8th grade East Coast trip is looking to be the best yet! We currently have 45 people signed up and looking for more travelers to come along and learn about amazing historical places. Trip dates are June 4-10, 2023. Our last information meeting for those interested in signing up will be on **Tuesday, September 13th at 6pm in room 124** (Mrs. Bright's room). Any questions about signing up for the trip can be emailed to Mrs. Bright at sbright@suhsd.net.



LONDON & PARIS 2023

Join us as we embark on an adventure to London and Paris. We will experience a guided tour of London from the royal haunt of Buckingham Palace to the slightly more democratic Speaker's Corner of Hyde Park along with Big Ben, Trafalgar Square, Piccadilly Circus, and more. We will experience the Eurostar Chunnel crossing to Paris where we will take in the sights of the Arc de Triomphe and the Eiffel Tower. Oh, and the magnificent art we will experience at the Louvre: taking in the architectural marvel of the 71-foot glass pyramid, the Mona Lisa, and of course the Venus de Milo. We will have an informational meeting on Wednesday, September 14th @ 6:00 pm in Mrs. Isheim's room 135 (cisheim@suhsd.net).

"Travel is the only thing you buy that makes you richer."





PANTHERS

UNIVERSITY PREPARATORY SCHOOL

2022-2023 BELL SCHEDULE

REGULAR DAY SCHEDULE			
ATTN: JUNIOR HIGH (6th-8th Grade)PARENTS			
NO ASAP PERIOD ON FRIDAYS - SCHOOL BEGINS AT 8:30AM			
6th & 7th Grade		8th Grade & High School	
6th-7th ASAP	8:00-8:25	8th ASAP/**O.H.	8:00-8:25
Period 1	8:30-9:20	Period 1	8:30-9:20
Period 2	9:26-10:16	Period 2	9:26-10:16
Period 3	10:22-11:12	Period 3	10:22-11:12
*Period 4	11:18-12:13	*Period 4	11:18-12:13
LUNCH	12:13-12:43	Period 5	12:19-1:09
Period 5	12:49-1:39	LUNCH	1:09-1:39
Period 6	1:45-2:35	Period 6	1:45-2:35
Period 7	2:41-3:31	Period 7	2:41-3:31
*5 Minute Addition for Daily Bulletin		*5 Minute Addition for Daily Bulletin ** Denotes High School Office Hours, M-F	

EARLY RELEASE DAY SCHEDULE			
NO ASAP PERIOD - SCHOOL BEGINS AT 8:30 AM			
6th &7th Grade		8th Grade & High School	
Period 1	8:30-9:10	Period 1	8:30-9:10
Period 2	9:16-9:56	Period 2	9:16-9:56
Period 3	10:02-10:42	Period 3	10:02-10:42
*Period 4	10:48-11:33	*Period 4	10:48-11:33
LUNCH	11:33-12:03	Period 5	11:39-12:19
Period 5	12:09-12:49	LUNCH	12:19-12:49
Period 6	12:55-1:35	Period 6	12:55-1:35
Period 7	1:41-2:21	Period 7	1:41-2:21
*5 Minute Addition for Daily Bulletin		*5 Minute Addition for Daily Bulletin	

University Preparatory School 2022-23 School Calendar

July 2022						
Su	M	Tu	W	Th	F	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

21

1st Quarter Ends: October 14 42
 1st Semester Ends: December 21 42
 3rd Quarter Ends: March 17 43
 2nd Semester Ends: June 1 48

Student Attendance Days (175)

Minimum Days

Finale

21

August 2022						
Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

11

15

September 2022						
Su	M	Tu	W	Th	F	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

15

October 2022						
Su	M	Tu	W	Th	F	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

15

November 2022						
Su	M	Tu	W	Th	F	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

23

December 2022						
Su	M	Tu	W	Th	F	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

15

January 2023						
Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

22

February 2023						
Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

22

March 2023						
Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

1

April 2023						
Su	M	Tu	W	Th	F	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

May 2023						
Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

22

June 2023						
Su	M	Tu	W	Th	F	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

1

ACADEMIC CONFERENCES
 SEPT. 21-22, March 1-2

HOLIDAYS/RECESSES

Labor Day Sep 5
 Veteran's Day Holiday Nov 11
(by law must be Nov 11 if a weekday)
 Thanksgiving Break Nov 21-25
 Winter Break Dec 22-Jan 9
 Martin Luther King Day Jan 16
 Washington Day observed Feb 20
 Lincoln Day observed Feb 21
 President's Week Feb 20 - 24
 Spring Break April 10-14
 Memorial Day May 29

Thanksgiving - November 24
Easter - April 9

CERTIFICATED DATES

School Starts: August 17
 School Ends: June 1

Staff Work Days ○ Aug 12, 16
 Dec 22
 June 2

Staff Development Days △ Aug 15
 Jan 9

Snow Day Makeup: June 2 Staff Day June 5

Board Approved - June 8, 2022